

## PDF Worksheet: 'Food & Cuisine'

How to use this worksheet: [\(Click here to watch video\)](#)

- The **'Listening Comprehension'** questions are designed to help you *actively* listen to the conversation. Try listening to the video once, without paying attention to the questions in the PDF. Just listen to get used to how the people in the video speak, adjust to their way of speaking, and get an idea of the topic and the views and information expressed in the video. Watch and relax!
- After you have listened to the video once to get an idea of what it is about, read through the **'Listening Comprehension'** questions and see if you can answer any immediately without watching the video again.
- Finally, watch the video a second time and listen for the answers to the **'Listening Comprehension'** questions. Answer any you couldn't answer, and check your answers to the ones you have already answered. Watch the video more than once if you need to, and remember that you can always stop, rewind, and slow the speed *as much as you need to!*
- Print this worksheet and use it to write your answers if you want to, or use a notebook.
  
- The **'Use Of English'** section is designed to get you thinking more about the language used in the video. In this section you can expect to find questions about synonyms, collocations, and useful expressions. Use a dictionary, or an internet search engine to help you find the answers you need.
- It's helpful to invent your own examples with any new language you learn, so use the space below the questions to practise. This will help you to remember new words.
  
- The **'Culture Spot'** section is there to help you think about the topic of the video and how the issues discussed may differ from one cultural context to another. Spend some time thinking about any new information you learn here, and how this applies to you, and your life. How does it compare to where you live? Does it make sense to you?
- In order to practise, feel free to use the space below this section to write in English about the information in this section, or your views about it, or your reactions to it.
  
- The **'Writing'** section is for you to practise your writing skills! Think about the question(s) and write a response in one or two paragraphs. Try to use any new vocabulary you've learnt during this video lesson.
- If you need to, make a draft in your first language in order to organise your thoughts before re-writing (not translating!) into English.
- If you have a teacher, tutor, or someone who usually checks your work, show them all of your answers to each section for their feedback.

You can re-use a listening resource like this one many times over. After you have completed the whole worksheet, try revisiting the video again, a day or two later, to refresh your memory about what you've learnt. Maybe you'll even pick up more from the video next time you watch it! Don't forget to share these resources with any friends or colleagues you have who are also learning English, sign up for our newsletter at [www.upskillingforchange.com](http://www.upskillingforchange.com) and follow us on Instagram [@upskillingforchange](https://www.instagram.com/upskillingforchange) and [LinkedIn](https://www.linkedin.com/company/upskillingforchange). We hope you enjoy studying with us!

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### Listening Comprehension

- Where are Mina, Abigail and Fiona **based** (where do they live) and what are they discussing in the episode?
- What questions are asked in the episode about food and cuisine?
- Who mentions power cuts? What are they and what did the speaker observe about the impact of power cuts on our schedules?
- What does Mina usually have for breakfast?
- What was Fiona's experience with Christmas mealtimes in Spain?
- Mina asks whether mealtimes in England and Scotland change from summer to winter. After Fiona answers, Abigail expresses agreement with her answer. What words does Abigail use to do this?
- What ingredients does Mina list when she's talking about Algerian tagine dishes?
- What do Abigail and Fiona say about 'Eaton Mess'? What is it?
- What is 'haggis, neeps, and tatties'? What language do these words come from and what do they mean in English?

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### Use Of English

- Abigail says “...you'll find everything and anything at a wedding these days.” What does she mean by 'everything and anything'? Can you use this phrase in an original sentence?
  
- When Abigail is describing haggis, she says '...it wasn't like, a rich thing.' What does 'rich' mean, here? What other meaning(s) can the word 'rich' have? Use the space below to write the word and its various definitions.
  
- When Abigail is describing haggis, she talks about the 'innards of a sheep'. What are 'innards'? Can you use this word in a sentence?
  
- Mina and Fiona both say they have a 'sweet tooth'. What does this mean?

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### Culture Spot

#### **Baklava / Baklava**

Sometimes when non-English origin words are used in English, the spelling of the words can vary. This is especially true when the original script (in this case, Arabic) is different. You may see various spellings of this word in English but they will almost always refer to the same style of sweet. Can you think of any other examples of words which have multiple accepted spellings in English?

#### **Fresh, home-cooked food in Azerbaijan?**

Check out this YouTube channel where you can see many videos of farm life and country cooking from a family living in Azerbaijan. How does this compare to how you cook at home?

[https://www.youtube.com/channel/UClix6MkIfJFywa\\_36iDj8Sw](https://www.youtube.com/channel/UClix6MkIfJFywa_36iDj8Sw)

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### Writing

Do you think we can have a positive impact on the environment through what we eat (or don't eat)? Use the space below to explain your thoughts including what changes we can make, what limitations there are, and how we can or can't have a positive impact on the environment through our diets: